

FAMILY PLANNING

Family planning is available to men and women. It provides help to members deciding when to have children and the best birth control method to use. Family planning services are covered at no cost.

You may choose to use birth control if you are or will be sexually active and do not wish to have children. Family planning services include contraceptive counseling, medical laboratory examinations and your choice of birth control.

The following forms of birth control are available through PHP:

- Birth control pills
- Diaphragms (cervical)
- Condoms
- Depo provera
- Foams, jellies/suppositories
- IUD (intrauterine device)
- Natural family planning
- Sterilization- both female and male (tubal ligation and vasectomies) members must be at least 21 years old to receive these services
- Post-coital emergency contraception (the morning after pill)
- Counseling and treatment for complications resulting from the use of contraceptives.
- Subcutaneous implantable contraceptives

Family planning services are available through your PCP. Call your PCP to make an appointment. You may also use Planned Parenthood for family planning services. You do not need a PCP referral to get family planning services from Planned Parenthood. Call (602) 277-7526 or (800) 230-7526 to find the Planned Parenthood office closest to you. If you need help making an appointment or have questions about family planning services, call Member Services. If you lose your AHCCCS coverage, low-cost family planning services are available through the County Health Department.

SOBRA FAMILY PLANNING EXTENSION SERVICES

Family planning services are available for up to two years for women who have had a baby and their regular AHCCCS coverage has ended. These members are only eligible for family planning services. If you choose to be sterilized during this time, your SOBRA eligibility ends. If you are not sure if you are eligible, please call Member Services. If you have lost your AHCCCS benefits and need help finding medical care you can call Member Services for a list of low-cost clinics for primary care services or family planning. If you have been screened and need treatment for a sexually transmitted disease (STD), call Member Services for help. Member Services can provide you with information on a low-cost or no cost provider in your area. You may also visit www.adhs.gov for a listing in your area or call Planned Parenthood at (800) 230-7526 for the office closest to you.