



Phoenix Health Plan (PHP) Behavioral Health Quarterly Notification to Providers

DATE: June 29, 2011

Dear Phoenix Health Plan (PHP) Providers:

Referring a PHP member to a county Regional Behavioral Health Authority (RBHA):

Complete the Arizona Department of Health Services (ADHS)/Department of Behavioral Health Services (DBHS) Referral Form 3.3.1 for Behavioral Health Services and fax this to the County RBHA (the form is located at PHP Website/Provider Manual/Section G). <http://www.azdhs.gov/bhs/provider/forms/pm3-3-1.pdf>
Fax a copy of the completed ADHS/DBHS Referral Form 3.3.1 to the PHP Behavioral Health department at 602-674-6674, so that we can assist with the referral and coordination of care. Please mark "COPY" at the top of the form before faxing to PHP

Behavioral Health Processes:

PCP medication management for Depression, Anxiety and ADHD: Providers are permitted, but not required, to provide PHP formulary medication management for the following: Depression, anxiety and ADHD. Formulary medications are on PHP Website at <http://www.phoenixhealthplan.com/formulary.aspx>. Once behavioral health services are provided through the RBHA, the RBHA is responsible to provide prescriptions for any psychotropic medications.

PCPs are required to do initial and ongoing coordination of care for any PHP patient who is also a behavioral health recipient with the RBHA. For guidelines of sharing of medical information with the RBHA providers please refer to behavioral health section G of the PHP Provider Manual on the PHP website at <http://www.phoenixhealthplan.com>

PHP Step Therapy for administering psychotropic medications for Depression, Anxiety and ADHD: PCPs are expected to use the concept of **Step Therapy** when prescribing psychotropic medications. The protocol is to prescribe a drug listed in the PHP formulary requiring trials and failures of first line formulary agents. A logical sequence of formulary drugs must be filled prior to coverage of the Step Therapy drug (non formulary drugs require prior authorization), in order for members to have coverage of their medications. Step therapy is based on medical guidelines and best practices.

RBHA Transition of members to PCP for psychotropic medication management for depression, anxiety or ADHD: Certain steps for RBHA to PCP transition for medication management are required. Please refer to Section G of the PHP Provider Manual on the PHP Website at <http://www.phoenixhealthplan.com>. For any members who indicate a desire to return to PCP care please follow these steps:

- Make sure the member has discussed this transition with the RBHA provider.
- Refer to the provider manual for steps that need to occur when the member is returning to their PCP for behavioral health medication management.
- Immediately contact the behavioral health team, Bonnie Urwiler, BA, and LISAC at 602-824-3957 or Justin Schwarting at 602-824-3934 to coordinate transitions of care with the RBHA, PCP and member.
- The RBHA provider continues to manage the members' behavioral health medications and care until the member has been terminated from the RBHA system and the PHP behavioral health team notifies the PCP of the return-date.

If you have any questions, please contact the behavioral health team, Bonnie Urwiler, BA, LISAC at 602-824-3957 or Justin Schwarting at 602-824-3934 directly.

Network Management
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Visit our website at www.phoenixhealthplan.com