

Pulmonary Rehab

Drafted May 2004 Reviewed 3/9/06

FYI: Pulmonary Rehab consists of 18 visits over a 6 week timeframe with each visit lasting approximately 2 hours. This is a one time benefit whether or not the patient is compliant through the completion of therapy.

The PA Nurse may approve if the request meets ANY one of the following guidelines:

- Presence of disabling lung disease, ie: COPD, emphysema, interstitial lung disease (ILD)
- The patient is on maximal medical therapy

The patient is unable to perform ADL's and/or has dyspnea with activities that limit active participation in ADL's
- The patient has the desire to participate in therapy
- Recent PFT (pulmonary function test) must be submitted with request within the last 90 days if pulmonary rehab is ordered by the PCP

If the request does not meet criteria, the request must be reviewed by a Medical Director.

References: See attached 'Cigna Healthcare Coverage Position' for literature review.

Approved by:

Clinical and Service Quality Improvement Committee (CSQIC)

Date: 3/9/06

Approved by:

Rene Bartos, MD/ Paula Olen-Mikrut, MD

Date: 3/9/06